

Dressage training clinics with a difference!



Join us at **Sparrow Oast**
to train with International
Dressage Rider **Hannah Biggs**

Choose to simply have a one to one with Hannah or
why not take advantage of the fabulous dressage
training simulator, 'Hoggy', prior to your lesson.

Riding the simulator gives you the chance to perfect
your posture, improve your seat and contact and
engage your core stability before riding your own
horse. Includes free use of a Cyclossage bed to
ensure your muscles are relaxed and ready!

Upcoming 2017 clinics on
March 8th & 9th
April 19th & 20th
May 23rd & 24th

- 45 minute one to one lesson
with Hannah **£65**
- 45 minute one to one Hoggy
sessions **£45**
- Indoor arena hire **£10 per 45
minute session**
- Overnight stabling including
bedding **£15**
- Hook up **£10**
- Shower facilities & fully equipped
tearoom available
- Tea & coffee provided

All levels are welcome.

Training, livery and individual
Hoggy sessions available all
year round!



For all Sparrow Oast services & bookings contact: Mobile: 07803 255221
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